



**Monday To Saturday  
8am - 4pm**

**"Sip, savour, repeat: A daily dose of  
delicious food & drinks.**

# MENU

## SWEETS

**Banana Bread** 3

Toasted with butter

**Cookies** 4

House baked cookies served warm

**Baklava** 4

Chopped nuts & honey wrapped in filo pastry

**Bougatsa** 5

Greek semolina custard pie wrapped in filo pastry

**Orange & Almond Cake** gf 7

Served with whipped cream

**Carrot Cake** 7

Classic carrot cake, cream cheese icing served with cream

**Chocolate Brownie** gf 7

Goey brownie served with ice cream

**Jean Pascal Cake** 9

Ask our staff what we have in today

## BRUNCH

**Scones (2) served with jam and cream** 3

**Savoury Muffins** 5

**Sweet Muffins with butter** 5

**Crispy salami tramazzino sandwich (2)** 10

Crisp salami and mortadella sandwich fingers, lemon pepper, aioli

**House Frittata** Served with pickled Salad 10

**Traditional Tiropita – Greek Fetta Cheese Pie** 12

Crispy filo pastry filled with herby fetta & pickled salad

**Spanakopita** with pickled salad 12

## CROISSANTS

Plain	6.5
Jam & cream	8
Ham & cheese	10
Egg, ham & pesto	

## TOASTED SANDWICHES

### **Classic** 8

- Cheese & tomato
- Ham & cheese
- Ham, onion relish & cheese

### **Panini**

Roasted pumpkin, sundried tomato, spinach & fetta	10
Chicken, brie & pesto	12
Beef brisket, caramelised onion, mustard & swiss cheese	12
BLT (bacon, lettuce & tomato)	12
Three cheese & truffle	12
Salami, cheese & spinach	14

### **Soup of the Day** 7

Served with toasted bread & butter (ask the staff what is on today)

### **J&M Ploughmans Platter** 16

Mix of condiments - caramelised onion, pickles, sundried tomato, meats, cheese, dip & bread

### **J&M Salad** 18

Cos lettuce, fetta, caramelised onion, sundried tomato, roast pumpkin croutons

Add Falafels +\$3 | Add Chicken +\$4 3

# Drinks

## BEERS

Moo Brew Mid Strength	TAS	3.5%	9
Peroni Nastro Azzurro	ITA	4.9%	10
Spotty Dog Portland Pale	TAS	5%	13
Willie Smith Apple Cider	TAS	5.4%	12

## WINE

J&M Pinot Noir	TAS	11	50
42 Degrees South Nv Sparkling	TAS	13	58
Ghost Rock “Zoe” Brut Rose Nv	TAS	14	63
J&M Sauvion Blanc	TAS	11	50
Spring Vale Rose	TAS	12	54
Milton Pinot Gris	TAS	14	63

## **SPIRITS**

<b>Starward Two Fold Whisky</b>	VIC	12
<b>Makers Mark Bourbon</b>	USA	12
<b>Ratu Dark Rum</b>	Fiji	12
<b>Ratu White Rum</b>	Fiji	12
<b>Forty Spotted Classic Gin</b>	TAS	12
<b>Forty Spotted Citrus Gin</b>	TAS	12
<b>Cape Grim 666 Vodka</b>	TAS	12

## **MIXES**

**Tonic, Ginger Ale, Soda, Lemonade, Coke**

## APERITIFS (served over ice or with soda)

10

### Marionette Bitter Curacao

VIC

Bitter orange aperitif from Victoria, super vibrant & focused bitter orange

### Rhubi Mistelle

NSW

Rhubarb aperitif, juicy rhubarb with good fruit flavour

### Campari

ITA

Bitter orange aperitif from Italy - bitter orange goodness

### 7k Raspberry Aperitif

TAS

Raspberry aperitif from Tasmania, light fresh & fruity

### Cynar

ITA

Bitter artichoke amaro from Italy, herbal & more savoury

## SPRITZY FUN \$15

This is one of the best loved cocktails, especially in northern Italy, made with Prosecco, Aperitif & Seltzer. Combine one of the above aperitifs to create a delicious drink and transport yourself to a beach in the Italian seaside.

### Fun Fact

This cocktail has its origins in Austria, and over the years it has become a real favorite at aperitivos in Milan and much of northern Italy. It got its start in the late 1700s and early 1800s when Austrian soldiers based in Italy, accustomed to drinking beer, used water to stretch the wines of Veneto, which were too alcoholic for them. The name spritz, in fact, comes from the German word spritzen, which means to splash. White wine and carbonated water was the first spritz, made Austro-Hungarian style.

# Hot Drinks

We love local, so with that in mind we have partnered up with some great local makers, our coffee is roasted locally from Zimmah roasters and our tea is produced by The Art Of Tea we hope you enjoy them as much as we do.

## COFFEE

	SML	LRG
Espresso	3.5	
Piccolo Latte	3.5	
Short Machiato	3.5	
Long Machiato	4	
Long Black	4	4.7
Cappucino	4	4.7
Cafe Latte	4	4.7
Flat White	4	4.7

## HOT CHOCOLATE & CHAI

Hot chocolate	4	4.7
Mocha	4	4.7
Chai Latte	4.5	5.5
Dirty Chai	4.5	5.5
Brewed Chai		5

## ART OF TEA

4.2

English | Earl Grey | Lemon & Ginger | Chamomile | Peppermint | Green | Chai

## MILK ALTERNATIVES

.50

Almond | Oat | Soy | Lactose Free

## EXTRAS & SYRUPS

.50

Honey | Marshmallows | Cream | Decaf | Vanilla | Caramel | Hazelnut

# Cold Drinks

## SODA WATER

Sparkling Mineral Water 330ml 4.5

## SOFT DRINKS 4.5

Coke | Coke No Sugar | Fanta | Sprite | Lemon & Lime Bitters

## CAPRI SODAS 4.5

Ginger Ale | Soda | Tonic

## JUICE

Freshly Squeezed OJ 8

Emma & Toms Cloudy Apple | Emma & Toms Orange 5

## OVER ICE

Iced Tea 5

Iced Latte 5.5

Iced Coffee 6.5

Iced Chocolate 6.5

## MILK SHAKES 6.5

Strawberry | Vanilla | Chocolate | Caramel